

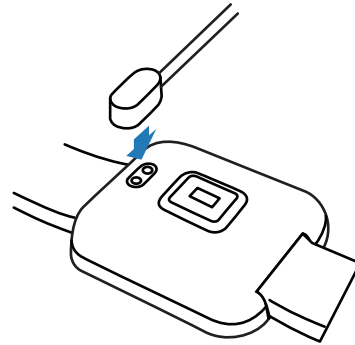
# Lenovo E1 PRO User Manual



Lenovo

## Charging

Charging the device to active before the first time using;  
To charge your device, plug the charging cable into the adapter or USB port on your computer.



## Pairing

Open the App and set up your profile



Go to the 「Device」 , Click 「Add a Device」



Choose your device on the scanning list



Finish

## Smart Watch Features

**Sports**  
The watch can record and display the current heart rate, Heat consumption.  
NOTE: Your movement stats reset to zero at midnight.

**Sleep**  
If you keep wearing Smart Watch in your sleep , it can provide the hours slept and quality of sleep stats on both the screen and the APP.  
NOTE: Sleep stats reset to zero at 8:00 pm.

## Smart Watch Features

**Heart Rate Test**  
Tap the heart rate icon to start measuring your heart rate.  
On the heart rate page, It can show the heart rate measured data of the last times.

**Training**  
Long press on the training page to start a new training measure recording, there are 8 sport modes to be chosen.  
The last training recording will be shown on the training page.

## Smart Watch Features

**Weather**  
It could show the weather info of current and tomorrow on the weather page.  
Weather info is synced after connecting with the APP, it will not be updated after a long disconnected.

**Messages Reminder**  
The device can sync incoming notifications from Twitter, Facebook, Whatsapp, Instagram etc.  
Recently 3 messages can be stored.  
Note: You can switch of/off the incoming notification in the APP.

## Smart Watch Features

**Remote Shutter**  
After connecting the device can remote control the camera on your phone.

**Music Play Controller**  
After connecting the device can remote control the music player on your phone.

## Smart Watch Features

**Other Features**  
Other features include stopwatch, brightness adjustment, mute mode, factory reset, and power off.

**Stop Watch**  
Tap the start button on stopwatch page to start timing.

## Smart Watch Features

**Silent Alarms**  
Set up the alarm on the APP, the device will vibrate to remind on time.

**Remind to Move**  
The device will vibrate to remind you to make a relax after 1 hour sitting.  
Note: You can switch on/off the feature in the APP.

## Getting to Know Your Device

**1.Using in Wet Conditions**  
Your device is water-resistant, which means it is rain-proof and splash-proof and can stand up to even the sweatiest workout.  
NOTE: Do not swim with your Smart Watch. We also don't recommend showering with your wristband; though the water won't hurt the device, wearing it 24/7 does not give your skin a chance to breathe. Whenever you get your bracelet wet, dry it thoroughly before putting it back on.

**2.Using the Touch Button**  
Single tap the Touching Area under the main screen to wake up the device and switch to other functional pages.  
Long press the Touching Area to enter for more functions which is needed.

**3.Using Quick View**  
With Quick View you can check the time or the message form your phone on your Smart Watch without taping. Just turn your wrist towards you and the time screen will appear for a few seconds.

## General Info & Specifications

**1.Environmental Conditions**  
Operating temperature: 14°F to 122°F (-10°C to 50°C)  
Non-operating temperature: -4°F to 140°F (-20°C to 60°C)

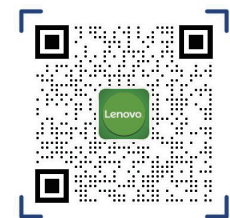
**2.Size**  
Fits a wrist between 5.5 and 7.7 inches in circumference.

**3.Disposal and Recycling**  
Please kindly be aware that it is the consumer's responsibility to properly dispose and recycle Smart Watch and accompanying components. Do not dispose of Smart Watch with common household waste, the Smart Watch unit is considered electronic waste and should be disposed of at your local electronic equipment collection facility.  
For more information, please contact your local electronic equipment waste management authority or the retailer where you bought the product.

## Downloading the App

Scan the following QR code, download and install the Ap

p.



Scan QR Code and Download